



My parents always strongly encouraged me to continue with education. As a teenager, my Dad suggested for me to “run my own thing” and while in College my Mom suggested I registered for an introductory Homeopathy course. Their ongoing support would lead me to the career path I have today.

I began using homeopathy in the early 80’s with great results and wanted to share my knowledge with the world. My Physical Education, fitness leadership and Massage Therapy background provided me with a gateway to use Homeopathic medicine for athletic performance and recovery. My practice evolved and expanded into more complex and difficult cases unrelated to athletics. I consistently continued my education to advance my abilities and have an educator role at the Studio.

My clients are winners and get results by having access to my experience and multi-faceted skills. Whether you are looking for a treatment plan after an injury or to maximize you’re wellness potential, I’ll be part of your winning team to get on top of a podium.

Jocey is our resident Homeopath, Orthopedic Massage Therapist and Medical Laser technician. Her lifetime learning includes:

- Dip Sc. 1986
- BA. 1994
- Massage Therapy 2004
- Medical Laser Technician 2008
- Myofascial therapist Level 1&2 2009
- Homeopathy 2009
- Non-Ablative Skin Resurfacing Laser 2011
- Cold Laser Therapist 2017

When Jocey is away from the Studio she enjoys being with her family, listening to loud music, playing with her Huskies, being active outdoors, attending live comedy shows and concerts. Jocey is a veteran entrepreneur and the founding Director of RWC.